

# Pearadigm Shift

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I once lived a carefree life,  
surrounded by glitz and  
glamour, without thoughts  
of my future



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until I was diagnosed with  
an incurable disease, with  
no physical recovery, and  
then I was alone





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I let the disease eat away at  
me, eroding my insides and  
taking away my hope for the  
future





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And it became all-  
consuming



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When I was nearly destroyed  
by it, I realized it was more  
my mindset and not the  
disease that was killing me.





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That day I became grateful  
for every day that I am able  
to fight. That was the day I  
started anew.